

1119

## W. Lac Des Allemands Shoreline Protection Project Phase II

**Project Manager:** Kent Gravois

**Assist. Project Managers:** Chelsea Castillo & Maite Pinto

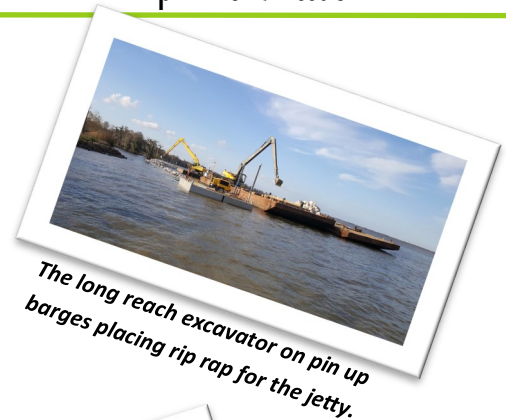
The goal of the project was to build a rock jetty to protect the people of the Pleasure Bend community within Lac Des Allemands just west of Point Aux Herbs. The main attribute of this project consisted of a near shore rock dike with gaps

for fish and access to the lake shoreline. The job was performed in partnership with Low Land Construction Co., Inc.

During the project, the team overcame a major setback resulting from late delivery of the rip-rap by the project's primary vendor. However, this setback did not stop the team from finishing the job on time. The job benefitted substantially from the on-site assistance provided by Mr. Gravois, Chelsea Castillo, Robert Sarver, Jamal Bates, Matthew Karl, Travis Leroux, Chris Bourgeois, and Seth Keller—all of whom were instrumental in assuring the project's timely completion and success.



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*The long reach excavator on pin up barges placing rip rap for the jetty.*



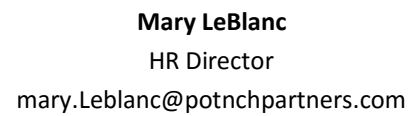
*Lac Des Allemands*



*Chelsea Castillo and Kent Gravois*



*Maite Pinto*



**Duane Dugas, Operator**

**Sergio Tapia Jr., Superintendent**

## Dominick Robinson, Maintenance

**Luisa Lopez, Maintenance**

**Guy Brignac – Quality Control - 4 years**

**Robert Miller– VP of Operations - 2 Years**

**Wilson Buttram-Machinery Maintenance Mechanic - 1 year**

**Karen Dorsey - Janitor - 1 year**

**Kevin Hall – HVAC Maint. Technology - 1 year**

**Shantell Harris – Storeroom/Receiving Clerk -1 year**

**Deborah Hebert— Office Manager - 1 year**

**Craig Kempshall – Senior Project Manager -1 year**

**Chad Lagman – Pipefitter - 1 year**

**Sheila Marigny – Janitor - 1 year**

**Pablo Mejia– Facilities Manager - 1 year**

**Miguel Montalvan - Janitor - 1 year**

**Robert Pearson– Maintenance- 1 year**

**Pauline Pellissier Administrative Assistant -1 year**

**Reginald Robichaux - Facility Utilities Manager - 1 year**

**Keith Stevens – Ground Maintenance– 1 year**

**Warren Turner – HVAC (Boiler Plant Engineer ) 1 year**

**Veronica Washington—Front Desk Receptionist— 1 year**



PPLC has applied for membership with the Greater New Orleans Federal Credit Union (GNOFCU). Stay connected... more information will be provided as it becomes available.





# Did you know... ?

According to some sources, the **Easter Bunny** first arrived in America in the 1700s with German immigrants who settled in Pennsylvania and transported their tradition of an egg-laying hare called “Osterhase” or “Oschter Haws.”



Their children made nests in which this creature could lay its colored eggs. The decoration of eggs is believed to date back to at least the 13th century, while the rite of the Easter parade has even older roots. Other traditions, such as the consumption of Easter candy, are among the modern additions to the celebration of this early spring-time holiday.



## *Birthdays of the Month*

**Phillip Cardy 4/2**

**Guy Brignac 4/5**

**Stuart Williamson 4/10**

**Ali Aljaberi 4/16**

**Chris Martin 4/16**

**Veronica Washington 4/22**

**Thu Vo 4/24**

**Austin Cardy 4/24**



Maíte Pinto celebrated her birthday on March 13th





*Congratulations to  
Mr. & Mrs. Barlow "Bart" Cook*

*On your nuptials*

*March 5, 2017*

*May your marriage be filled with love and joy.*

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**Thank You!**  
**THANK YOU!**

Thank you to all PPLLC employees who made donations to assist our neighbors after the devastating tornado that touched down in the New Orleans area on February 7th. Your generous donations were taken to The Rock Full Gospel Baptist Church, 3611 St. Ferdinand St. in New Orleans East where many of the members lost almost all of their belongings. Your thoughtfulness is helping a community to rebuild.

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## **April Holidays**

**April Fool's Day!: April 1, 2017**

**Palm Sunday : April 9, 2017**

**Passover: April 10, 2017**

**Good Friday: April 14, 2017**

**Easter/Resurrection Sunday: April 16, 2017**

**Administrative Professional's Day: April 26, 2017**

## Health & Wellness



### FASTING FOR LENT?

### **FAST IN A *HEALTHY* WAY!**

In recent years, numerous studies have suggested that intermittent fasting - abstaining or reducing food and drink intake periodically - can be good for us, making it one of the most popular diet trends world-wide.

One of the most well-known intermittent fasting diets is the [5:2 Fast Diet](#) - a plan that involves eating the recommended calorie intake for 5 days a week but reducing calorie intake to 25% for the remaining 2 days - to 500 [calories](#) a day for women and 600 a day for men.

According to Dr. Michael Mosley - author of *The Fast Diet* books - this eating plan can not only help people lose weight, but it offers an array of other health benefits.



## Time is running out...

Remember **April 18th** is the last day to mail in your tax returns.



Join Us for the 39th Annual Allstate Sugar Bowl Crescent City Classic 10k on **Saturday, April 15, 2017 - 8:00 am**

The Allstate Sugar Bowl Crescent City Classic 10k road race is held in New Orleans on the Saturday before Easter Sunday each year. The Classic is locally produced by a not-for-profit 5013c entity, the Crescent City Fitness Foundation, and is a great way to get in shape, while having fun! Both runners and walkers of all abilities are invited to participate in the race.

The Classic is both physically challenging and a great New Orleans tradition! The 10-kilometer course (6.2 miles) begins in Downtown New Orleans in front of the Mercedes-Benz Superdome, runs participants through the French Quarter, and then all the way up beautiful Esplanade Avenue to New Orleans City Park.

During Easter weekend, the events surrounding the Crescent City Classic promise a jam-packed weekend. We host a two-day Health & Fitness Expo, which is free and open to the public, as well as throw one of the best post-race parties in road racing hosted by Michelob Ultra, and complete with live music and local creole cuisine!

Click on the link for more information

<http://www.ccc10k.com/crescent-city-classic-10k>





## PONTCHARTRAIN PARTNERS, LLC SPONSORS MILITARY APPRECIATION NIGHT

**Who's the coolest and most unique construction company?**

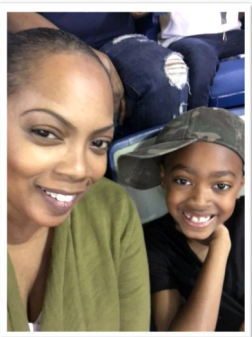
**Pontchartrain Partners, LLC!**

Pontchartrain Partners sponsored the Pelicans Basketball game on March 19, 2017 for Military Appreciation Night. The partners of PPLLC Danny Blanks, Tim Jarquin, Bart Cook and James Washington were recognized by the Pelicans and the their fans before tip off. For sponsoring the game, Pontchartrain Partners dog tags were given to everyone who attended the game.

Throughout the game many active duty military personnel were recognized on the big screen for their hard work and dedication to our country. To make the night even better, the Pelicans won the game 117 to 96.

Thank you to all who are serving and have served our country.

- Salute





Rigging – when workers prepare equipment to be lifted by cranes, hoists or other material-handling machinery – is a common work process on shipyard and construction sites, among others. Performing rigging operations safely is critical. According to OSHA, rigging workers have been injured or killed when loads have slipped or the rigging has failed.

A rigging accident in New York City that involved fellow pedestrians and their livelihood .



#### OSHA notes that riggers must be:

- Properly trained on the hazards associated with rigging jobs
- Qualified and able to comply with all procedures
- Aware of where the crane is operating (surface should be level and firm enough to support the crane and load)
- Familiar with rigging techniques and equipment
- Able to anticipate issues before they happen
- Able to stop a job immediately if unsafe conditions exist
- Aware of the weight of the load and the capaci-

ties of the crane and any rigging gear  
When lifting equipment, OSHA offers multiple tips, including:

- Riggers should keep their hands, fingers and feet clear of pinch points.
- Be aware of stacked material when lifting to avoid knocking it over with a swinging load.
- Use a designated spotter during lifting to ensure proper clearances are maintained.
- Check for overhead power lines before lifting a load.
- Warn nearby workers before raising, lowering or swinging a load.
- When setting a load down, check that the landing area is clear and set it down slowly.

**Please keep these and other safety tips in mind while performing construction related activities, and always remember—SAFETY MATTERS!**



A construction worker slowly guiding pipes down in a safe and clear place.



# NOLA HAPPENING'S



## New Orleans Easter Parade

April 16, 2017

9:45am-11:00am



City Park is hosting a Easter egg hunt. Gates open for 9am and the hunt is on at 10am. Each kid is guaranteed to have 12 Easter eggs. This event is for ages 8 and younger. You can buy your tickets at : [www.neworleanscitypark.com/ticketstep-thursc.php](http://www.neworleanscitypark.com/ticketstep-thursc.php).



presented by



When: April 6-9, 2017

Where: [French Quarter](#)

Cost: FREE!







Where: [The Fair Grounds](#)

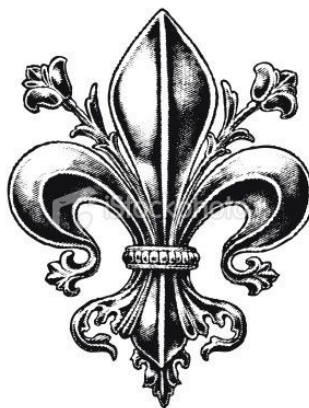
Cost: \$58 for advance adult  
single day tickets

\$70 at the gate

\$5 Child tickets

(available at the gate only,  
ages 2-10)

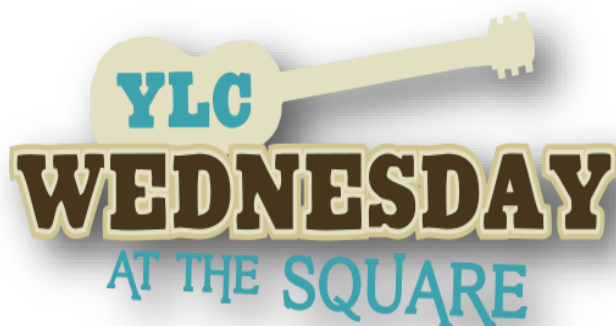
VIP Tickets also Available



When: April 24-30, 2017

Where: [Tournament Players Club](#)  
(TPC)

Tickets: \$25-\$75



When: March 15 - May 17, 2017

Where: [Lafayette Square](#)

Cost: FREE!