



# PONTCHARTRAIN PARTNERS, LLC. *Lakeside*

*A monthly insight into PPLLC*

**1113**

**Repair Dog Kennel —Floor B214**

**Agency: Columbus Airforce Base**

*Columbus, MS*

**Project Manager :** Boogie Baye

**Superintendent:** Chris Martin

**Asst. Project Mgrs.:** Maite Pinto  
Chelsea Castillo

**Expected Completion Date: June 30, 2017**

Pontchartrain Partners LLC is charged with repairing 10 kennels for military working dogs. Military working dogs are considered elite members of the military. These respecting members of the military are trained from birth to detect bombs, weapons and drug detection, as well as, attacking the enemy.



## **PPLLC Team**

Project Manager, Boogie Baye, assistant project managers Maite Pinto and Chelsea Castillo and our newest superintendent Chris Martin are spearheading this repair project. Working together to ensure this project is completed in time and within budget.





### Scope of Work

The work includes the coating all floors indoors, outdoors, hallways and Kennel areas. There will be approximately 11,000 sf. of new floor and wall coating.

This project began April 3, 2017 and is expected to be completed by June 30, 2017.

Stonehard is the manufacture and installer of the flooring system being installed. The floor product being used is a Stonily OP2 Moisture mitigation system & Stonclad UT (Beachwood) color. The total thickness of the new flooring being installed is 3/8" thick and is being placed on top of the existing concrete floor. The updated wall system

is stoneglaze VSM (Pewter) color. The total thickness of the walls are 1/8" thicker than the original walls. Installation of 1/2" Cementous board will over the existing 5/8" gypsum board ceiling. The new ceiling system is a stoneglaze E4 (white) color. Installation of 1/2" Styrofoam in soffit areas are being placed around dog kennels to prevent freezing of existing water lines.

### Challenges

There have been some difficulties faced on the project where a moisture test had to be taken. It was found that the existing concrete slab contained a higher moisture percentage than the manufacture warranted. Had this issue not be addressed, the Stoneclad UT flooring system would have caused a blistering effect, making the system not bond to the concrete properly. Management was able to resolve the issue by working with the manufacture and modifying the contract. The mod permitted the install of a Stonfil OP2 system that prevents moisture from contracting the new Stoneclad UT floor system. An additional 30 days was approved by the contracting agency to allow the additional time needed to make the necessary changes.



*The above photo shows the install of the new stucco that has been applied to the ceiling.*



1. There are about 2500 dogs in active service today and about 700 deployed overseas.
2. A fully trained bomb detection dog is worth over \$150,000.
3. Military working dogs are trained from birth but only 50% of those trained are selected to serve.
4. The most commonly used military working dogs are German Shepherds, Labradors and Belgian Malinois.



**Mary LeBlanc**

HR Director

mary.leblanc@potnchpartners.com



**Mike Howell** - Independent Contractor

**Tyrone Hagans** – Equipment Operator/ Foreman

**Bailey Perkins** —Interim Receptionist/Admin. Asst.

# Happy Anniversary

*Thank you for your service and all that you do to make PPLLC the success that it is today.*

**Darius Anderson**—Electrician / Electronics Tech I— 1 year

**Bobbie Bridges**— Janitor- 1 year

**Carly Colomb** - Technical Proposal Writer- 1 year

**Phillip Jones** - Administrative Assistant- 1 year

**Mary Leblanc** - Executive Admin / HR Director - 6 years

**Del Sweat** - Project Manager -1 Year

**Thu Vo** - Sr. Account- 3 Years



**Don Tutor**, Quality Control (1122)

**Keith Simon**, Interim Maintenance & Hubzone employee

**Pablo Mejia** – 6/3

**Del Sweat** – 6/28

**Donald Tutor** – 6/12

**Keith Simon** – 6/17





God took the strength of a mountain,  
The majesty of a tree,  
The warmth of a summer sun,  
The calm of a quiet sea,

The generous soul of nature,  
The comforting arm of night,  
The wisdom of the ages,  
The power of the eagle's flight,

The joy of a morning in spring,  
The faith of a mustard seed,  
The patience of eternity,  
The depth of a family need,

Then God combined these qualities,  
When there was nothing more to add,  
He knew His masterpiece was complete,  
And so, He called it ... Dad

- Anonymous

# Health & Wellness

## How to always make the right decision

Ever feel stuck in your own head? Plagued by indecisiveness? We've all been there, but in the moment, it can be hard to take a step back and figure out your next move.



If you're struggling with a major life decision, you're often bogged down by fear, Dr. Lynda Klau, a psychologist and founder of learning center Life Unlimited, told TODAY. That may be the fear that you'll make the wrong choice, or not do the right thing, which can make you doubt and "double think" yourself, she explained. But is there a way to ensure that you'll *always* choose wisely? While there's often no single right or wrong choice, Klau noted that there is one crucial tip she gives to those making a major decision: Don't make the decision right away.

If you pause, you won't react impulsively Klau explained. Instead, you can reflect and ask yourself important questions about the decision and ultimately come to your decision with more freedom than if you had reacted in a knee-jerk fashion.

Try to relax through meditation, yoga or even some simple deep breathing exercises, she said, which can calm your nervous system down. See what thoughts pop into your mind, and try to visualize the outcome of the decision to see how your body reacts. If you're terrified, or have headaches or stomach pains, your body may be subconsciously signaling that something is amiss.

Then, ask yourself other questions: Is the decision in line with your larger purpose? Will it take you closer to where you want to be in life?

The amount of time you pause may depend on the decision, Klau explained. For a relatively minor decision you're conflicted about, such as whether to get together with a certain person for dinner, you could take an hour or so to collect your thoughts and make sure that your answer is not influenced by any default habits of saying yes or no. Tell them you



need to check your schedule and get back to them.

For a larger decision, you may need more time — but don't rush the decision before you've had a chance to reflect.

By pausing to reflect, you'll not only be able to make better decisions, but also begin to trust yourself more, Dr. Klau said.



## Safe Handling of Tools

Workers should be trained on safe procedures for working with tools. However, safe practices when carrying or storing those tools may not be thoroughly covered. Tools can pose a safety risk when they are misplaced or improperly handled by workers. The National Safety Council offers the following tips for safe handling of tools when they are not in use:

- Workers should never carry tools up or down a ladder in a way that inhibits grip. Ideally, tools should be hoisted up and down using a bucket or strong bag, rather than being carried by the worker.
- Tools should always be carefully handed from one employee to another – never tossed. Pointed tools should be passed either in their carrier or with the handles toward the receiver.
- Workers carrying large tools or equipment on their shoulders should pay close attention to clearances when turning and maneuvering around the workplace.
- Pointed tools such as chisels and screwdrivers should never be carried in a worker's pocket. Acceptable ways to carry them include in a toolbox, pointed down in a tool belt or pocket tool pouch, or in the hand with the tip always held away from the body.



Tools should always be put away when not in use. Leaving tools lying around on an elevated structure such as a scaffold poses a significant risk to workers below. This risk increases in areas with heavy vibration.





# NOLA HAPPENINGS

by: **NOLA** NEW ORLEANS POWER 102.9

**JUNE 24TH & 25TH**

🇯🇲 ETANA / 🇧🇧 I-MAJESTY / 🇵🇷 T-ROCK  
 🇵🇷 ALEXEY MARTI / 🇯🇲 D'ARANGE / 🇧🇧 MERENGUE 4  
 🇵🇷 N'KRUKA / 🇯🇲 YARD SQUAD BAND / 🇺🇸 ALLEY  
 🇯🇲 DJ MEGATRON / 🇧🇧 DJ FELIPE / 🇵🇷 DJ T-ROY

DANCEHALL QUEEN CONTEST + DRUM LESSONS  
+ SALSA TENT + KIDS CORNER

**CENTRAL CITY BBQ**  
1201 S. RAMPART ST

**Eventbrite**

MORE INFORMATION:  
[www.nolacaribbeanfestival.com](http://www.nolacaribbeanfestival.com)

The NOLA Caribbean Festival is June 24-25 at Central City BBQ. The lineup includes bands and DJs from Jamaica, Trinidad & Tobago, Puerto Rico, Honduras and the U.S., including Etana, I-Majesty, T-Rock, Alexey Marti, Yard Squad Band, Merengue 4 and others.

There will be food from local restaurants and food trucks, a kids' area, a salsa dancing tent, African drumming lessons and a Dancehall Queen competition. The festival is open from 5 p.m.-10 p.m. Saturday, June 24 and 5 p.m.-10 p.m. Sunday, June 25. Admission is \$10. Tickets can purchased via Eventbrite!



## LOUISIANA Cajun Zydeco Festival

Cajun cuisine) and exquisite handcrafted items that could only come from centuries of bayou culture. Some of the greats of the Cajun and Zydeco genres have performed in the past, including Buckwheat Zydeco, BeauSoleil with Michael Doucet, Jo-El Sonnier, Geno Sweetheart, Rosie Ledet. Cajun music styles and traditions brought over from Poland – more than 200 years ago by families. It relies heavily on fiddles, guitar-vocals – usually in French and English – sound.

The melodic sounds of fiddles, accordions, washboards, guitars and more will be coming from Louis Armstrong Park over the weekend of **June 24th-25th** as the Louisiana Cajun-Zydeco Festival goes into its eleventh year. The festival will be open from 11:30 a.m.-6:30 p.m. on both days and admission is FREE. Of course, like all true New Orleans festivals, there will be plenty of music, food (especially our world-famous



Delafosse and the “Zydeco has its roots in the Old World Europe – chiefly Germany and the ancestors of today's Cajun tars, accordions and crooning to convey its distinctive



# ESSENCE Music Festival. NEW ORLEANS

JUNE 30TH — JULY 2ND



Since 1994 the festival has been the official **party with a purpose**, and this year Essence will continue the legacy with four days of music, empowerment, community and entertainment. Whether you're partying the night away at the **Mercedes-Benz Superdome with Mary J. Blige, John Legend, or Diana Ross** or attending a **free daytime experiences** at the New Orleans Ernest N. Morial Convention Center, you'll leave the weekend with a fresh outlook on how to build a better future for yourself and for your community. The Ernest S. Morial Convention Center will be open to ALL from 10AM TO 6PM through Friday, June 30th to Sunday, July 2nd. If you wish to attend the concert portion of the festival for any of three nights. Purchase tickets at; [www. Ticketmaster.com](http://www.Ticketmaster.com).





## Pontchartrain Acknowledgements

*Thank  
you*

Thank you to all the Pontchartrain Partners staff who made donations and supported our own, Travis Leroux and his family after loosing their home to a fire . Your unselfish and overwhelming support was greatly appreciated. Continue to keep the Leroux family in your prayers.



**William "Tre" Bradford, III** (son of Dani Alexander) graduated with honors from Riverdale Middle School on 19 May 2017. He will be attending Riverdale High School in the fall.

