



August 2019

EMPLOYEE HIGHLIGHT



Glenn Hughes
HVAC MAINTENANCE
PROJECT 1189 - PINECASTLE BOS

Employed Since:
January 2019

Birth Place:
Gainesville, FL

Served in the Military?
Yes, United States Navy
1989-1993

Married?
Engaged. No wedding date
has been set thus far.

Children/Grand-Children?
1-Daughter
1-Grand-daughter (11 yrs.
Old) They live in Tacoma,
Washington

Favorite Hobby?
Watersports; Deep Sea
Fishing

Employee Highlight—Glenn Hughes

For the month of August we continue our journey to showcase our employees across the country. This month we are highlighting one of our lead HVAC & Grounds Maintenance personnel, currently working on project 1189-S in Pinecastle, FL, Glenn Hughes. Mr. Hughes has been employed with PPLLC since January 2019 and has worked in the area of facilities management for the past 15 years.

Glenn is a native of Gainesville, FL and a retired military veteran of the U.S. Navy. Glenn served 4 years in the Navy (1989 to 1993) and was stationed in Bremerton, Washington. While in the military Glenn was active in Desert Storm, Operation Stratum Watch. Since retiring from the military, Glenn has worked for various entities in the realm of facilities management.

Glenn enjoys participating in all types of watersports. Growing up in Florida, Glenn has always had a love for living at the beach. He enjoys participating in all types of watersports, his favorite being deep sea fishing. Glenn goes fishing every chance he gets.

Glenn has a great spirit and is wonderful to work with but we needed to know a little more....so here are a few questions asked of Glenn and his responses.

What do you like most about working with PPLLC?

I like the quick responses and support given when requesting supplies and other items needed to complete a task. This turnaround is much faster from my experience with other companies. I also like the independence to actually do my job.

What are your favorite movies to watch?

I like watching action, adventure and comedy movies.

Favorite past-time?

Hanging out with my friends and socializing when I am not fishing.

What is your favorite fish to catch?

I like catching Mahi Mahi.

Favorite sports team college or professional?

Florida Gators!

As a kid, what did you want to be when you grew up?

I have always loved nature and being around water. As a kid I wanted to be a Marine Biologist.

Thanks, Glenn for allowing us to find out more about you and all of the things that makes your world great. We are so glad that you are a part of our team!



HUMAN RESOURCES

Mary LeBlanc
Director of Human Resources
mary.leblanc@pontchpartners.com



07/01
Sean Pons, Assistant Project Manager
Daniel Saucier, Superintendent



MAKE EVERYDAY COUNT



Thank you all for your loyalty and dedication. PPLLC appreciates you and is better because of you.

1 Year
8/14 Kyle Mattei
8/14 John Batson
8/20 Roland Clement

4 Years
08/04 Yvette Patton

5 Years
08/04 Todd Grantier
08/11 Anthony Preston

6 Years
08/01 Nathan Watts
08/05 Andre Simmons

13 Years
08/23 Karen Dorsey

14 Years
08/01 Robert Pearson



08/06 Walter Bates

08/20 Luis Cano

08/27 Joseph Hicks

08/08 Jamaal Terry

08/21 Asiah Crutchfield
Tyler Perkins
Philip Stockman

08/17 Kelley Keegan

08/18 Keith Stevens
Kyle Wise

08/26 Dearl Thompson
Keith McMillion



TASK ORDER: COMMUNITY *OZANAM INN PROJECT*



Pontchartrain Partners, LLC—New Orleans, LA

Our Team at the USDA SRRC is participating in a toiletries drive for Ozanam Inn. Ozanam Inn is a non-profit, direct service agency serving the homeless and needy of greater New Orleans, regardless of race, color, creed, religious preference or national origin. All of their services are provided free-of-charge. In addition to housing and food, Ozanam Inn offers several other services. An in-house dispensary is opened at night for the overnight guests.

As such, there will be a box placed in the reception area of the PPLLC Main Office to collect any toiletry items you may have. Ideally travel shampoo, conditioner, soaps and lotions. If you are travelling and staying in a hotel, please consider bringing home the travel bottles and placing them in the box. We will have the box until the beginning of **October**, so there will be plenty time! If you already have a stash of these items at home that you would like to part with, please bring them in!

Let's help our USDA SRRC Team support the mission of Ozanam Inn!! To learn more about Ozanam Inn, please visit:

<http://www.ozanaminn.org/>

If you have any questions, please do not hesitate to contact Raymond Brown (raymond.brown@pontchpartners.com) or Brooke Woods (brooke.woods@pontchpartners.com) at any time.





Brooke Woods
Director of Business Development
brooke.woods@pontchpartners.com

RECENTLY AWARDED PROJECTS



U.S. AIR FORCE

Contract No. FA2521-19-F-A197

BUILDING 533 ROOF REPAIR

Award Date: July 16, 2019

Award Amount: \$453,119.19

Agency: Patrick AFB

Set-Aside: 8(a) sole source

POP: 45 days ANTP



**US Army Corps
of Engineers®**

Contract No. W9126G19C0044

LAMAR LID LEVEE REHAB

Award Date: 7/22/19

Award Amount: \$1,002,162.62

Agency: USACE Ft. Worth District

Set-Aside: 8(a) sole source

POP: 120 days ANTP



**US Army Corps
of Engineers®**

Contract No. W912P8-19-P-0084

SCANNING SUPPORT SERVICES

Award Date: 7/22/19

Award Amount: \$89,804.04 (Base award)

Agency: USACE New Orleans District

Set-Aside: 8(a) Sole Source

POP: Base + 4 Options



**US Army Corps
of Engineers®**

Contract No. W912EQ19P0066

FY 19 PILOT SUPPORT SERVICES

Award Date: July 24, 2019

Award Amount: \$262,500

Agency: USACE Memphis District

Set-Aside: 8(a) sole source

POP: Aug 14, 2019 – Feb 29, 2020



UnitedHealthcare®

Health & Wellness News

Staying fit on vacation

Keep your healthy habits during vacation and beyond

It can be tempting to indulge on vacation and fall out of your usual nutrition and exercise routine. However, with a little advance planning and commitment, it is possible to stick to your weight control goals while you're traveling.

Here are some tips and tricks to help you make healthier choices during spring break and beyond.

- ◆ **Snack smart.** Rather than waiting to buy something on the road, pack healthy snacks. Try a low-fat yogurt, whole-grain crackers or air-popped popcorn. Load your carry-on with grab-and-go fruits such as apples, oranges and bananas, or prep a bag of chopped vegetables to munch in the car.



- ◆ **Stay active.** According to the Centers for Disease Control and Prevention (CDC), the only way to maintain weight loss is to be engaged in regular physical activity. If your idea of vacation doesn't include the gym, no sweat – simply making more active choices may help. For example, swim a few laps after relaxing by the pool; opt for a walking or biking tour when sight-seeing; and use stairs instead of an elevator.*
- ◆ **Eat breakfast.** People who eat breakfast daily tend to keep hunger at bay and may avoid overeating later on in the day. If your hotel won't have healthy breakfast options, pack some healthy breakfast foods so you can stick to your regular eating routine.
- ◆ **Limit alcohol.** Those festive vacation cocktails may derail your weight control goals, since they're often high in calories but low in nutrients. The CDC recommends limiting alcohol to one or two drinks per day, respectively, for women and men of legal drinking age.
- ◆ **Catch some zzz's.** That's right, sleeping in may be good for your health. In fact, lack of sleep may lead to weight gain. Research shows that adults who sleep fewer than seven hours a night are at higher risk of gaining weight than those with adequate sleeping habits.
- ◆ **Get support.** It's important to surround yourself with people who support your healthy lifestyle. The same is true on spring break – so invite your friends or family members to join you for a special vacation walk, swim or bike ride.

Whether at home or planning a trip, it's best to talk to your doctor about your individual "healthy weight" and physical activity goals. Together you may discuss body mass index (BMI) – an estimate of how much body fat you have, based on height and weight. Your healthcare provider may measure and record your BMI at least once a year. There are many factors that contribute to BMI, so be sure to discuss details with your doctor.

NOLA HAPPENINGS



WHITE LINEN NIGHT



Saturday, August 3, 2019

300 - 700 blocks of Julia Street and throughout the

Arts District New Orleans

FREE & open to the public

Rain or shine

This year the **Contemporary Arts Center** and title sponsor **Hancock Whitney** commemorate 25 years of experiencing art, building community, and celebrating culture in the Arts District New Orleans on August 3, 2019! Hancock Whitney White Linen Night is an annual outdoor celebration of art and artists in the Arts District New Orleans, featuring gallery openings, public art displays, food vendors, and much more! Proceeds from the event support the Contemporary Arts Center.

FOODIE FEST

A festival of flavors from around the world

AUGUST 17

12PM-9PM



| North American | South American |



This is the **LARGEST** Latin dance event in New Orleans' history!!

2018 was an a-MAZING success!

But 2019 is going to be even BIGGER and BETTER!

We are happy to announce our new home located on the corner of the infamous Canal & Bourbon Street!

ASTOR CROWNE PLAZA HOTEL FRENCH QUARTER NEW ORLEANS 739 CANAL & BOURBON

NolaSBF is a 3 day festival taking place in the jewel city of the South; the one and only... New Orleans. With 20,000 square feet of ballroom space, including 3 rooms dedicated each to Salsa, Bachata, and Kizomba/Zouk, this festival features international Latin artists that will not only give world-class shows, but offer over 70 hours worth of workshops, classes, dance performance challenges, PLUS over 20+ hours of out of this world social dancing. ALL located in the heart of New Orleans; the French Quarter on the infamous corner of Canal and Bourbon Street! Book NOW! This is the MUST ATTEND event of 2019!

A festival of International favors from local food trucks, restaurants & pop up chefs! Taste the world in one place at one time while enjoying live entertainment, specialty drinks and browsing the product vendors. Stay tuned for the live entertainment line up to be announced soon! FREE ADMISSION with evenbrite registration while they last!

\$5 presale after the free registration tickets are gone \$10 at the gate the day of event.



SAFETY MATTERS

Brian Callaway

HS&E Director

brian.callaway@pontchpartners.com

TRENCHING

TABLE V:2-1. ALLOWABLE SLOPES

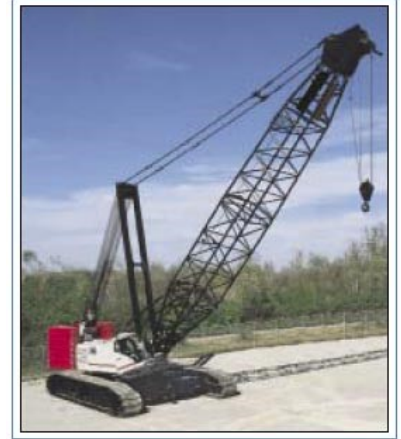
Source: OSHA Technical Manual, Section V, Chap. 2, Excavations: Hazard Recognition in Trenching and Shoring (Jan. 1999).

Cranes

Hazard: Significant and serious injuries may occur if cranes are not inspected before use and if they are not used properly. Often these injuries occur when a worker is struck by an overhead load or caught within the crane's swing radius. Many crane fatalities occur when the boom of a crane or its load line contact an overhead power line.

Solutions:

- Check all crane controls to insure proper operation before use.
- Inspect wire rope, chains and hook for any damage.
- Know the weight of the load that the crane is to lift.
- Ensure that the load does not exceed the crane's rated capacity.
- Raise the load a few inches to verify balance and the effectiveness of the brake system.
- Check all rigging prior to use; do not wrap hoist ropes or chains around the load.
- Fully extend outriggers.



Source: OSHA Technical Manual, Section V, Chap. 2, Excavations: Hazard Recognition in Trenching and Shoring (Jan. 1999).

SLOPING. Maximum allowable slopes for excavations less than 20 ft. (6.09 m) based on soil type and angle to the horizontal are as follows:

TABLE V:2-1. ALLOWABLE SLOPES

Soil type	Height/Depth ratio	Slope angle
Stable Rock (granite or sandstone)	Vertical	90°
Type A (clay)	3/4 :1	53°
Type B (gravel, silt)	1:1	45°
Type C (sand)	1 1/2 :1	34°
Type A (short-term) (For a maximum excavation depth of 12 ft.)	1 1/2 :1	63°